

Market volatility can be unsettling for many investors.

Here are some tips to help you navigate uncertainty.

First. Think big picture.

Markets grow through cycles even after big drops.

Historically, they bounce back.

Stay focused on your long term goals instead of short term swings.

Second.

Diversify a well-diversified portfolio, including a mix of stocks, bonds, and cash

can help mitigate

the impact of market volatility and help reduce your portfolio's risk.

However, it cannot eliminate risk of loss in a declining market.

Third, check in and rebalance.

Take a look at your investments now and then.

Make sure they're still aligned with your goals and risk level.

Lastly, look for opportunities.

Market downturns can present opportunities to buy quality investments

at lower prices.

Staying focused, diversified, and proactive can help you navigate the market.